

**Site menu:**

[Home](#)

[About](#)

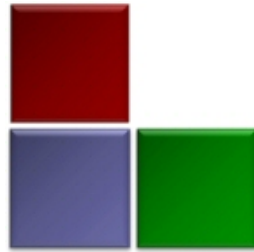
[Résumé](#)

[Portfolio](#)

[Photographs](#)

[Projects & Pics](#)

[Contact](#)



Clint Dantinne.com



**CHT**

Clint Dantinne is a master communicator. He has experience as a high school educator, radio station disc jockey, emcee for special events, and media center specialist. He has a passion for the inner workings of the brain and human behavior, thus has chosen to harness these skills by helping others through clinical hypnosis. He has hosted health awareness clinics. Incidentally, within his genealogy was a renowned hypnotist in Europe.

**Credentials**

[Certified Hypnotherapist](#)

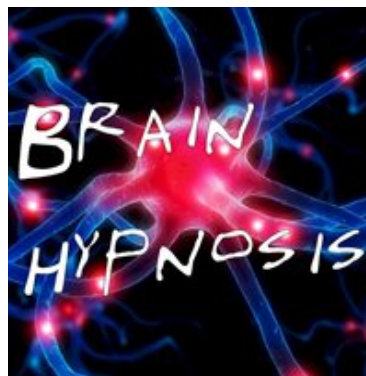


Clinical and Self-Help Hypnotism



*Clint Dantinne, Certified Hypnotherapist - First State Hypnosis - Business Card*

Certified Hypnotherapist - Life Coach - Motivational Speaker



**What is hypnosis?** - Hypnosis can be remembered using the phrase coined by Clint Dantinne, "*A mind at rest performs the best.*" Most simply, hypnosis is a state of deep relaxation where the subconscious may be positively influenced by suggestion. Hypnosis is as easy as falling asleep; something we all do each night. Daily we all fluctuate between the conscious and subconscious state of mind. Watching a movie, being deeply engrossed in a book, 'zoning out' or daydreaming, and driving for long hours while staring non-stop at the

highway can induce mild states of hypnosis although still awake. Advertisers count on this. Modern science and brain scans have proven levels of brain awareness and responsiveness measured in neurological waves (i.e. Beta, Alpha, Theta, Delta).

*"You know you've mastered a skill or behavior when doing it comes without really thinking," says Clint Dantinne. "This is the power of your subconscious mind."*

Television has portrayed hypnotism in a humorous, but not often factual manner.

FACTS: The unconscious mind acts on a four



year old level, is very literal, reacts only to positive language, and is highly susceptible to suggestion. We all have scripts, or coding, throughout the regions of our subconscious mind first formulated in childhood. These internal scripts define our perception of reality, beliefs, and self-image. These scripts make us who we are. "*The ability to follow suggestion without conscious intent*" is a common definition of hypnosis. Hypnotists simply use proven

methods to access the subconscious, which account for nearly 95% of our mind's function (only 5% of our mind acts in the conscious realm).

**Who can be hypnotized?** - Any intelligent person with a reasonable imagination and willingness to follow simple instructions can be hypnotized.

**Does clinical hypnosis work?** - Data proves that hypnosis has a high success rate.

**Change your internal scripts with hypnosis!** - Utilize your subconscious brain to help you. Stop smoking - lose weight - quit the bad habit - beat that phobia - reduce stress... all with the assistance of a certified hypnotherapist.

Follow Clint Dantinne on [Twitter](#): *Personal development tools to help on life's highway*

**My Quote for the Day:** How we think is everything. What we think about will determine our own private universe.

© 2016, Clint Dantinne. All rights reserved.